

Kaylei Strawder



Mission Statement

Our Mission is to Promote Self-Esteem and Recognition to All Talents with Equal Opportunity and without any Discrimination

Our Mandate is to treat all Talents of all ages, gender, level of ability and expertise equally

OUR

STATEMEN

MISSION

PROMOTING SELF-ESTEEM & Recognition



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Aaron Brownewell





Hello.. This is my story I was on the verge of being diagnosed with Diabetes. I had a Blood sugar A1C level of 8.3 as of October of 2020 and weighed in at the high end of 255lbs . In order for me to keep my Commercial Drivers License (CDL) I had to get my A1C below 5.5. This could be achieved through medication . I am not the type to just rely of medication for treatments for anything. I asked the Doctor if there was any way for me to not be diagnosed with Diabetes just yet . I begged please give me 6 months to make a lifestyle change. He agreed to hold off for 6 months before entering my medical condition with the Governments Bureau of motor vehicles. As of February with a lifestyle change and proper diet I had brought my Blood sugar down to be considered Pre Diabetes , but that was not good enough for me and would still require medication to control it.

I have a friend that plays hockey in the adult league in Carmel In. He has been asking me to come play hockey for a while now. I had always turned him down because I had only been on figure skates at random public skates 3 times in my life of 48 years. This time he asked me to come play hockey was different because he had told me about the pure Cardio and Exercise that it takes to play the game. So in February I signed up for the Carmel In. D league spring season of hockey having never played before and very little skating experience. I played the entire spring season and have signed up for the summer season as well and am currently into our third game for that season. I managed to get my first goal in the spring season and 3 assists. I opened the summer season up with a score tying goal in our first game.

I have been on the ice as much as possible with many stick n puck practices also if that's not available I go to the open skates and work on my form / balance there. I have also been able to learn more about the game through the LTPH program (learn to play hockey) with Coach Ryan Beck. I help out with keeping 50-100 kids on the ice learning to play hockey on Saturday mornings by doing the drills with them and a stand in coach. My goal is to continue to reach my level of fitness that I'm searching for and improve my hockey skills as it has made a huge change in my weight loss program. I'm proud to say that through Playing Hockey and a healthy lifestyle I'm now down to a blood sugar level A1C below 5.5 the minimum required level for medication. This has been quite the challenge for me but through the many falls on the ice I'm actually bringing myself to be a good Hockey player.

Photographers Credits: Aaron Brownewell. Live Barn



Aaron Brownewell









Aiden Fazekas





My dream is to one day play on a team in the NHL. My greatest role model is Sydney Crosby and it would be a dream to meet him one day. I have been playing ice hockey since I was 3 years old. My goals are to contribute to my new Hockey team as a first time player for CP Dynamo. My position is a forward and I want to work very hard for them, having fun and making new friends. I work hard off and on the ice. My main focus is to get more aggressive, especially in front of the net. I also want to try different positions, trying defense. Off the ice I enjoy swimming, riding my motor bike, jumping on my trampoline, playing with my dog Calley and playing video games. One of my most awesome experiences was meeting and training with Pavel Barber.



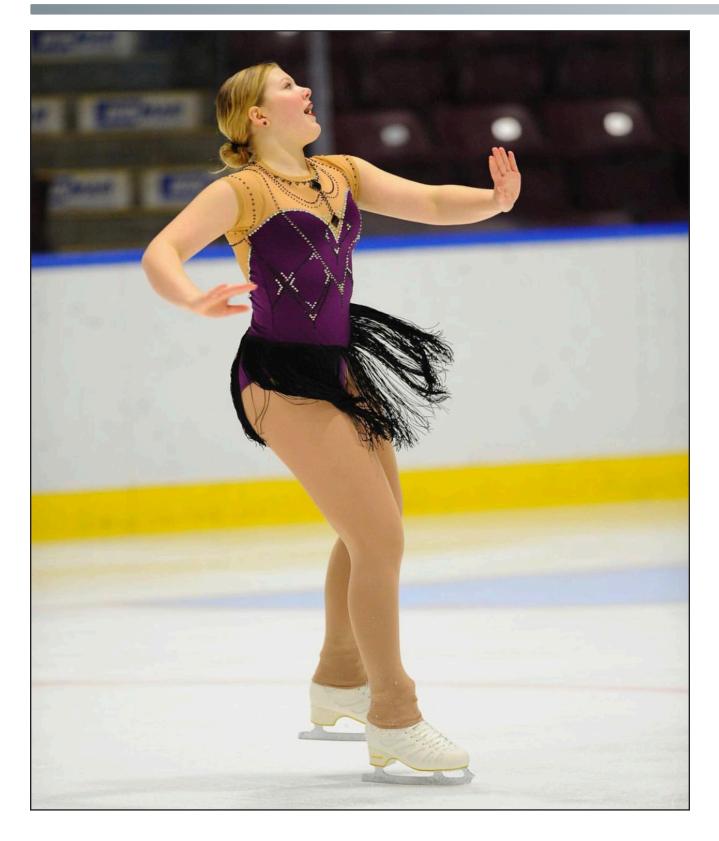
Alexandra Short

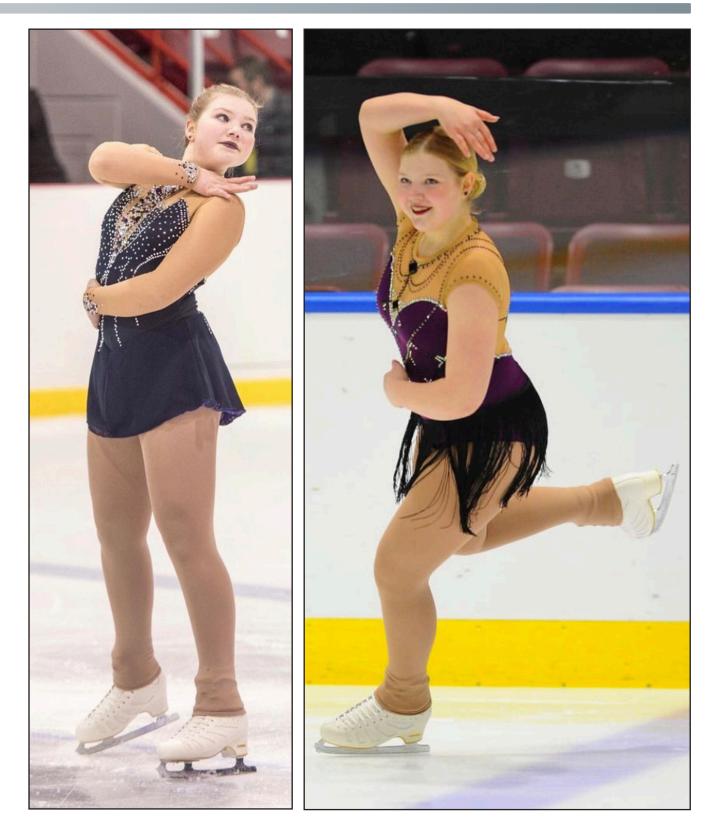
Hi! My name is Alexandra Short and I am a figure skater. I was born in Collingwood, Ontario, and I currently represent the Mount Pearl-Paradise Skating club in Newfoundland at the Pre-Novice Level. I am 15 years old and I have been skating since the age of 3. I am also a competitive dancer outside of figure skating. When I turn 16, I hope to become a figure skating coach. I love watching people succeed in this sport, and I would love to help recognize the potential in other young athletes. In 2019, I went to the Ontario provincial championships at the

Pre-Juvenile level, and later that year in November, I went to the Newfoundland Sectionals at the Pre-Novice level. My most recent achievement was passing the gold freeskate test. The biggest dream I have in this sport is to one day compete at the Senior level. This sport is my biggest passion, and I don't know what I would do if I couldn't skate. I hope one day I can inspire other young athletes to chase their dreams and show them that anything is possible.

Photographers Credits: Danielle Earl Photography, Stephan Potopnyk

Alexandra Short



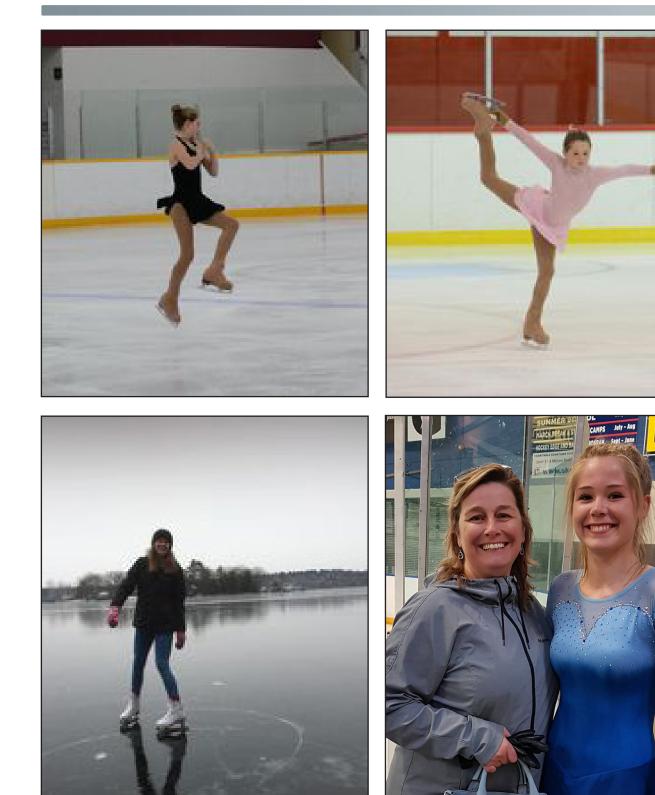


Alisha Edington



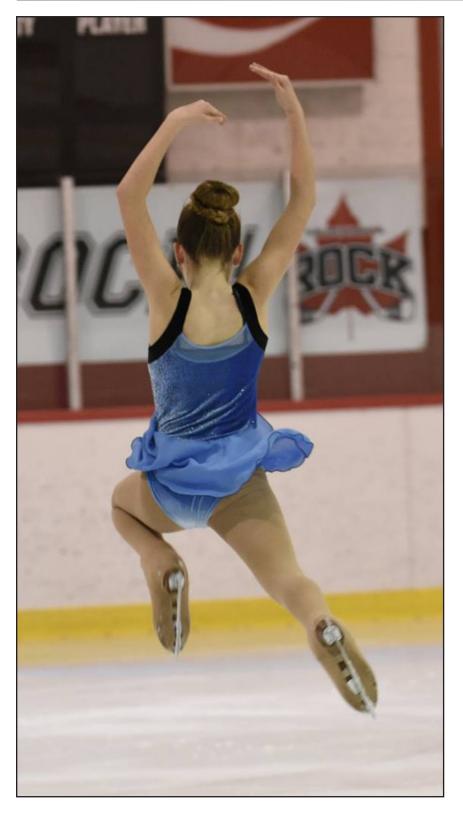
I have been skating all my life! Growing up in a small northern town called Parry Sound that is home of Bobby Orr it was a hockey town. I would play shinny hockey with my Dad and 2 brothers to doing skating lessons that then grew to 4 nights of figure skating. In 2017 in grade 8 I was awarded the Bobby Orr Hall of Fame Youth Athletic Award and as well was awarded Athlete of the Year award at my school. Skating has given me many great experiences like attending the All Ontario Championships. In grade 9 I moved to Barrie to skate at Mariposa school of skating which I was able to train with Olympic coaches and obtain high school credits for skating. On March 13th 2020 my world stopped as COVID-19 changed my skating life. It has been really hard mentally being off the ice so much. I lost my year as a novice skater and now I am struggling as I am still off the ice as I enter my Junior year at 17 years old. My wish is that I will be able to start to train again and can fulfill my dream as a Professional Skater. Alisha Edington Photographers Credits: Christine Reekie and Winning Techniques

Alisha Edington





Alisha Edington





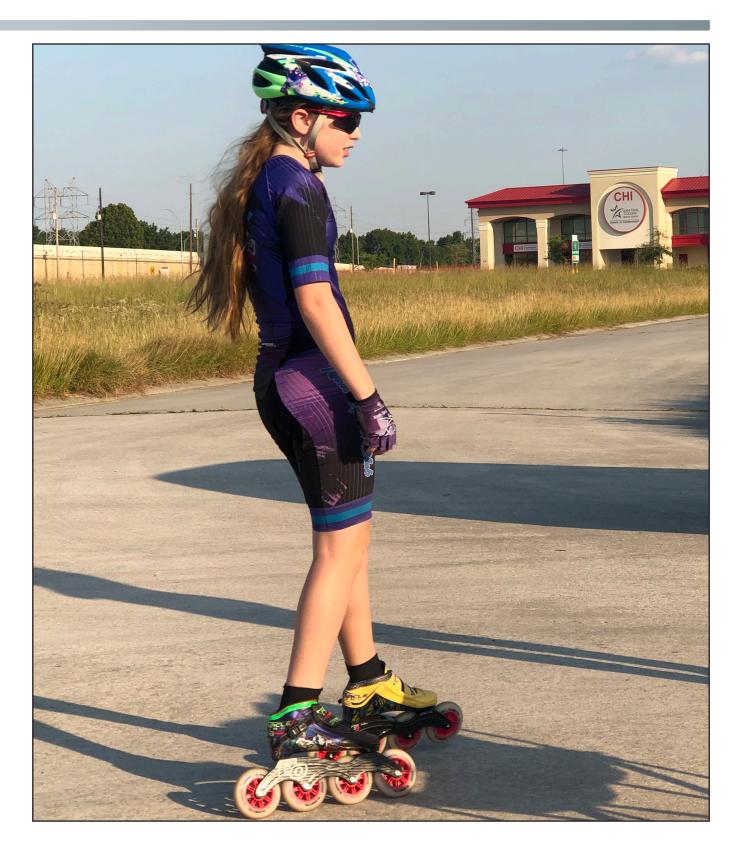


Emerson Study

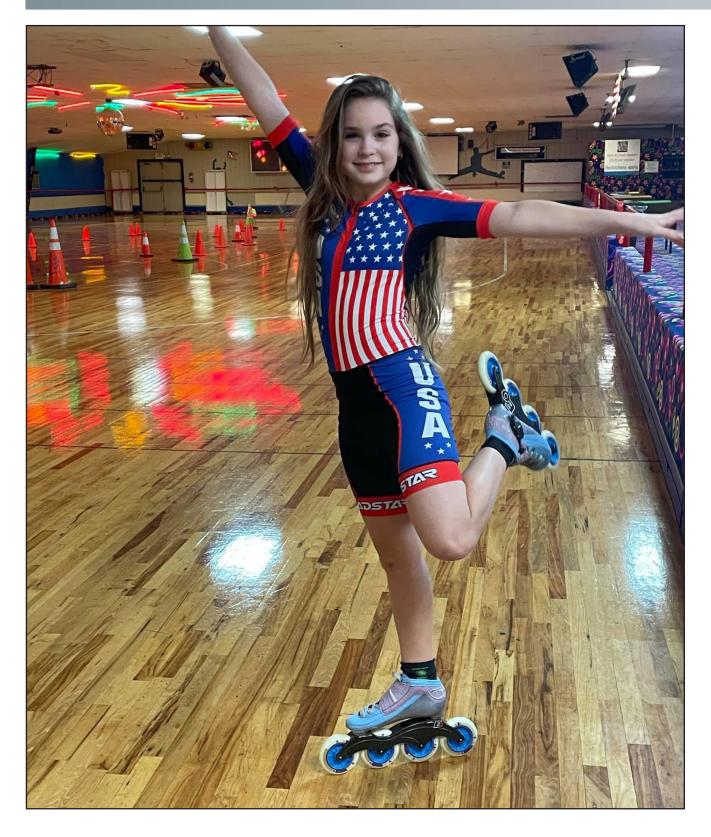


I'm a competitive inline speedskater since the age of 5, however I started skating when I was just 10mnths old. My dad Jack is my coach. I have a lot of achievements over the years with numerous National placements. In 2018 when I was just 10 I received the skater of the year award voted by a committee of coaches from several states. I got to spend 10 days in Denmark training with Coach Sooty. I also skated the A2A marathon in Georgia being the youngest athlete to complete 38miles of hills. I have had the honor of being a sponsored skater for the past two years with Empower Roller sports/Roadstar owned by Brian and Heather Krupa. I skate for Texas speed club in Humble Tx at my families skating rink Humble family skate center which has been family owned and operated for 44 years. I am currently leading a mentorship program with the help of my sponsors called the Be You program mentor program for female skaters age 5-18. I got to create a really cool suit for the program. It's designed to promote positivity and encouragement in a sport that takes alot of dedication to skate at the elite level! My goal is to one skate on the USA World Team since inline speedskating is not an Olympic sport. I dream of the day it will become an Olympic sport!! In the meantime I will continue to train and encourage other young skaters to reach their goals.





Emerson Study





Young inline speed skater aspires to inspire

By BEVERLY HORNER

Tribune Correspondent

Creekwood Middle School seventh grader Emerson Study is an amazing and award-winning inline speed skater who has trained with leaders as far away as Denmark. She is not only sponsored and medaled, but she also gives back through a nationwide Facebook mentorship program for young girls.

Humble Family Skate Center has been in her family for over four decades, dating back to 1977. Emerson's mother, Rachel Tate-Study, is the general manager, her father, Jack Study, is Emerson's coach and Emerson's grandmother, Gloria Tate, is the skate center owner.

Emerson, 12, has been skating since she was 10 months of age and competing at the national level since age 5. She has had numerous national placements and has skated as one of the youngest in several marathons. Emerson advanced quickly and has honed her skills with the direction and motivation of her parents and siblings throughout her journey.

This elite and entrepreneurial young mind not only loves to compete in skating but she also aspires to continue her ingenuity as an engineering student in future years at Rice University. Emerson's mother added, "She excels at everything she puts her mind to doing. My daughter has always had the right attitude, believing that the sky's the limit."

Back in December 2020, Emerson was approached by Empower Roller Sports, a company owned by Brian and Heather Krupa. They asked Emerson to design a skate suit for their Rollerstar clothing line. Her design earned second place; they loved the meaning behind her design and asked her to lead her very own national Facebook group for aspiring and tenured skating females ages 5-18.

Her group has grown to 30 girls seeking advice, sisterhood, mentorship, ideas, inspiration and more. The best part about the group is that Emerson manages it all on her own and the group is free to young ladies who join. This private and growing group is called Be You Mentor Program For Skaters. Emerson is known around the group for sending goal books for free and hosting conference calls with new members.

"Even though several events were canceled last year due to COVID-19, we are back on track and headed to the American championships in June in Colorado



Emerson Study gives back and supports all skaters.

Springs. So, Emerson is training hard with her teammates and looking for more and more ways to grow her brand/designs and give back in even more creative ways," said her mom.

Rachel concluded, "It is so important for young people to give to, support and build up their peers. I highly recommend that other children become involved in the community and find ways to help."

Anyone seeking to connect with Emerson on social media can follow her journey through Facebook by navigating to facebook.com/pg/Emmyspeedqueen/posts. Readers can also find out about her clothing, designs and more through her sponsor, also on Facebook at facebook.com/profile. php?id=100057145642370.

Gabriela Drazek

My dream are to become a very talented figure skater. I have been skating since I was three years old. My goals are to achieve very many new skills that will gain my strength. My achievements are being able to do many things that many figure skaters are not able to do. Some challenges that I had while figure skating would be getting injured but being able to gain my confidence back after being out.

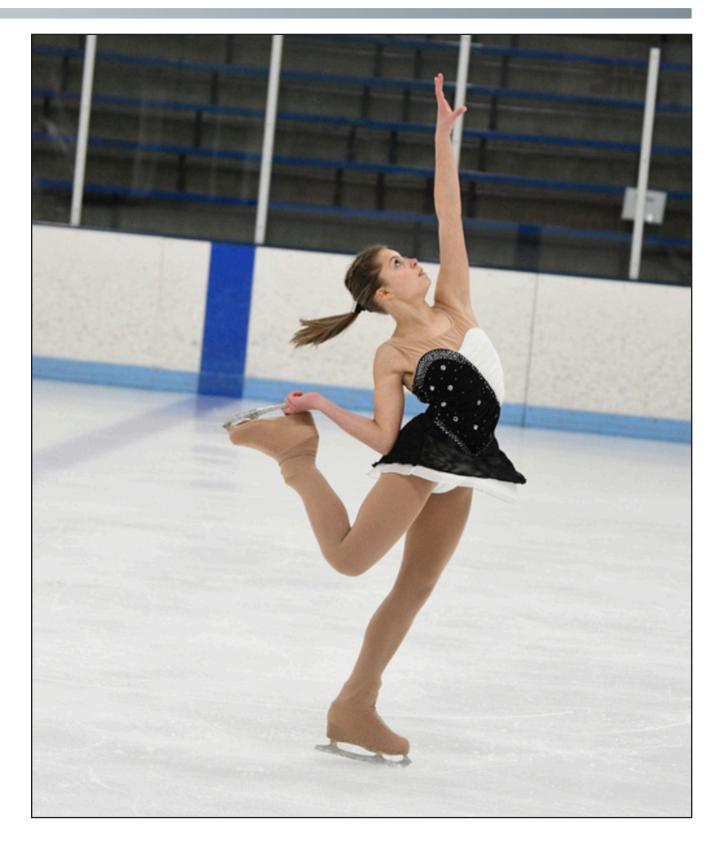
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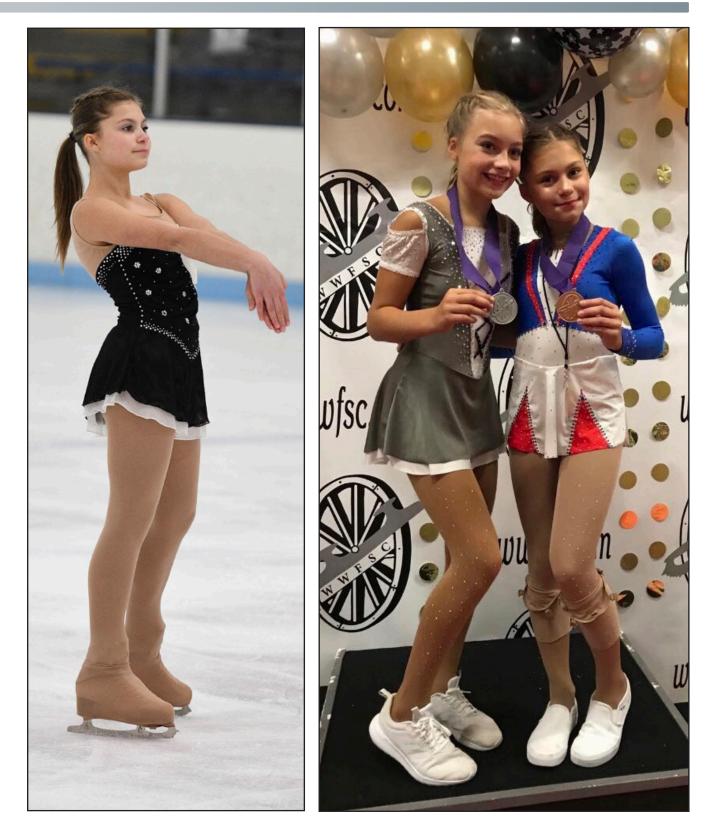
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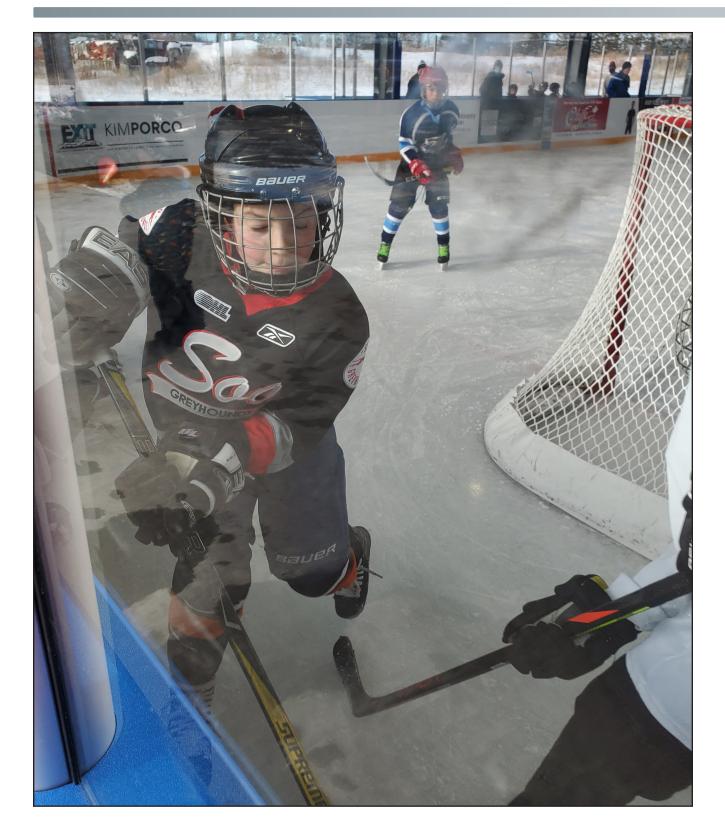


Gabriela Drazek





Garson Robertson



Garson Robertson is 9 years old from Sault ste Marie, Ontario. He enjoys occasionally skateboarding with his mom but has a huge passion for hockey. He looks up to his older brother Nevin and is devoted to his dog Jazzy. He loves playing games with his whole family like "hide and seek"!! Even his pup plays! Garson loves school. He was one of the youngest participants in his school science fair as he was in Junior Kindergarten and presented the solar system. He also takes great pride in nature and our country. At age 4 he sang Oh Canada at a local charity event. He loves music and enjoys exploring drums and violin. He works really hard to use his talents to help empower others and to always be grateful

Garson Robertson







Josie Perry



Hi! This is Josie. My first time went on the ice when my parents took me to Caps Kids Day and I had a chance to skate with Caps mascot -Slapshot. After that day, my parents think I have great balance on the ice, so I start ice skating.

GO BEARS

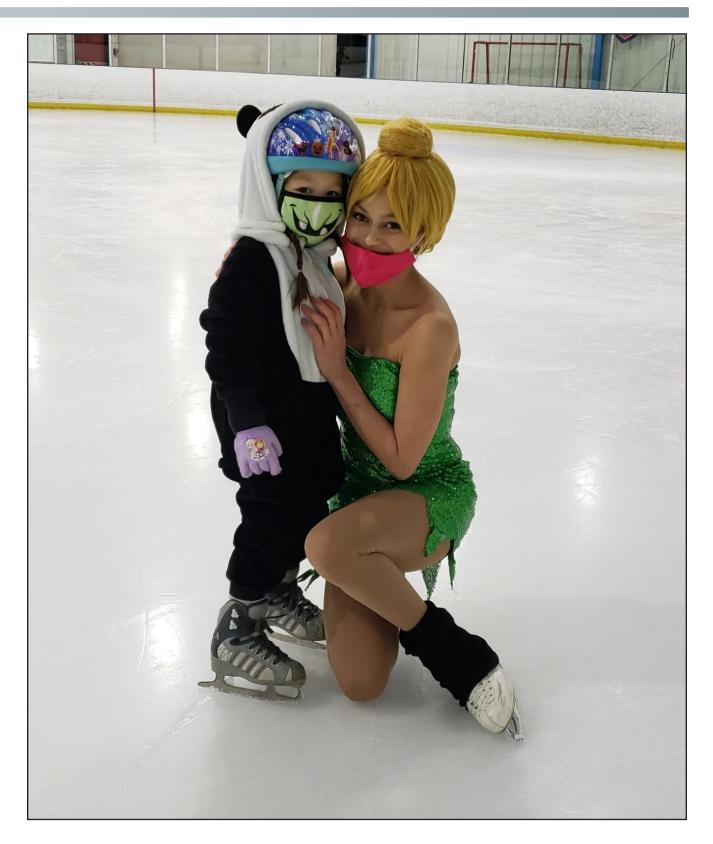
I participated Learn to skate program at Rockville MD since 3.5 yo and now I'm 5. I meet so many good coaches, they teach me a lot. And my favorite coach is Miss Katrina, I wish I can skate as good as her one day.

I love ice skating. It's the best sport ever.

Photographers Credits: Heidi

Josie Perry





Kate Van Rensburg







To hear the sound of your blades, as they delicately strip the surface of a thin layer of ice... To feel the cold air brush past your cheeks as you glide by, in passing, taking in the skills of those who have already mastered the ability to fly through the air and spin faster than you can count... That is what dreams are made of and the point at which you set your goals.

Kate had just turned six when she first set foot on the ice. What must have felt to her like speed skating, seemed like an eternity for the row of spectators, as she completed her first lap of the ice surface. What gave her an edge was her dance training which started at the age of two and a half, enhancing her balance, posture, and flexibility.

After changing clubs the following year, Kate, now seven,

progressed to Skate Canada Star 3 and successfully participated in her first regional skating competition (virtual due to Covid).

Kate's training time, both on and off the ice, her dedication, and personal development, earned her the STAR Skater of the Year award for the 20/21 skating season.

Kate keeps her goals realistic and is looking forward to a full competition season at STAR 3 level, as well as the progression and successful execution of the jumps and turns she has been working on. Her aim would be to move to the next STAR Level, training alongside motivated and like-minded fellow skaters.

Photographers Credits: V22 Photography

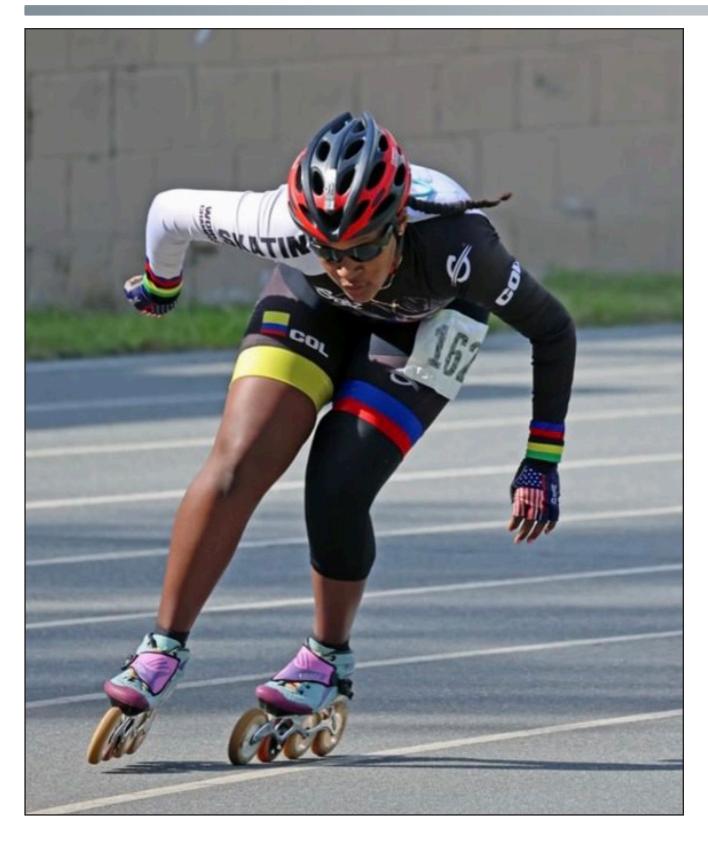
Kate Van Rensburg







Kaylei Strawder







Kaylei Strawder Astro Skate Speed Team. In The Strawder eye, there's nothing more important than Accomplishing Goals. My first time on skates I was 7 years old. Once I learned to skate I loved it. I then continued skating and I eventually got into Artistic Roller skating. I was pretty good at Artistic Skating till then I started watching my dad do speed skating. I did Artistic roller skating for about 3 years. Till then I decided to give speed skating a try. Once I did that there was no turning back. I continued trying speed skating till then I was forced to choose between Artistic skating And Speed Skating. I choose speed skating and loved it for 6 years going on 7.1 Then started to get really into speed skating, started traveling to Meets, and exploring the different parts of the skating world. I didnt even know that there were so many different things about speed skating. started off as an elementary girl. At that time in my eyes, all skating was just a fun thing. It was all about winning to me at the time. As I got older and progressed in skating I started to understand it was more than that. As I became a sophomore girl, I wasn't quite sure how to commit to skating, in a way to benefit me. I then continued skating and trying my very best I could until Chris Maganias, The rink owner of Astro Skate Gave me an opportunity to open up my doors. Chris As well as my Coach Joe Hannah had seen my potential and Took me to American Championships, in Colorado Springs. That meet I could say was my eye-opener. I had fun at that skating meet, meeting new people, skaters, and coaches. But not only did I have fun but I had a realization. That's when I was sitting up in those bleachers and decided that I didnt just want to skate and win I wanted to be more than that. I wanted to be known as somebody who accomplished her goal, Not just someone these other girls skate against. When I returned home I let my coach know what my realization was while I was away. My coach and I started making a training plan to then start to train and doing other things outside team practice. Around the summer when I was going into my second-year sophomore is where I started to set higher goals. I remember telling my parents that I wanted to Place on the podium at nationals and also to try and make the JR world team and later down the road try for the world team. These goals are still the same today even with Corona Virus. Unfortunately, I wasn't able to go to nationals of 2020 due to covid-19, which meant I had another year to take another step up in training to prepare myself for Nationals of 2021. So im currently still training and doing things to achieve my goals. This year Would be my first year Junior and I am determined to reach my goal of trying out for the junior world team. With trying to accomplish this goal as this year would be my only year being eligible to try for the JR world team, I have stepped up in many different other ways as well. Started training outside of team practice such as going on the bike for 30-40 mins when I have

Kaylei Strawder

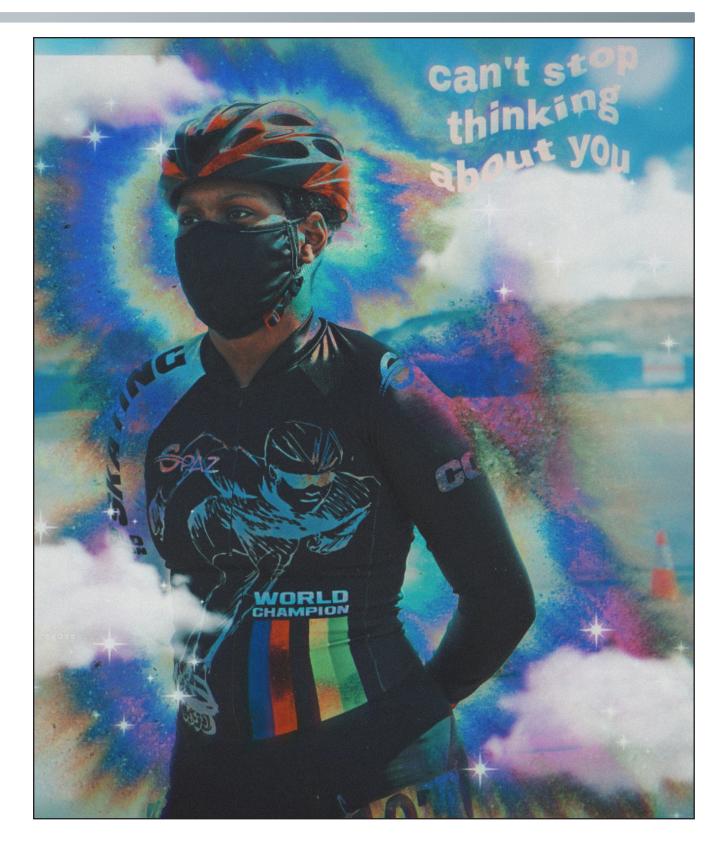


no training and doing plyos and things as such when we do not have practice. throughout my skating journey, skating hasn't just help me become a better skater, it has to help me become a better goal setter. I wasn't quite sure how to set goals when I first started skating and how goal-setting works. while skating I started making goals for each skate meet I attended and then I would set a goal for the season. By figuring out how to set goals I figured out how I can accomplish them. It also helped me accomplish my overall season goal, Which is similar to a step ladder. I also try to accomplish my goals and also helping others accomplish their goals. Not only do I have my own self goals for myself for skate competitions, but I also have goals to help my teammates as well. Like for example, I have a goal to help my teammates build up their endurance by skating what I usually can and then going to help them and or push them. Goals are important to have when skating because without a goal skating, what are you trying to accomplish while your skating? Setting goals in skating is Very important because then u have

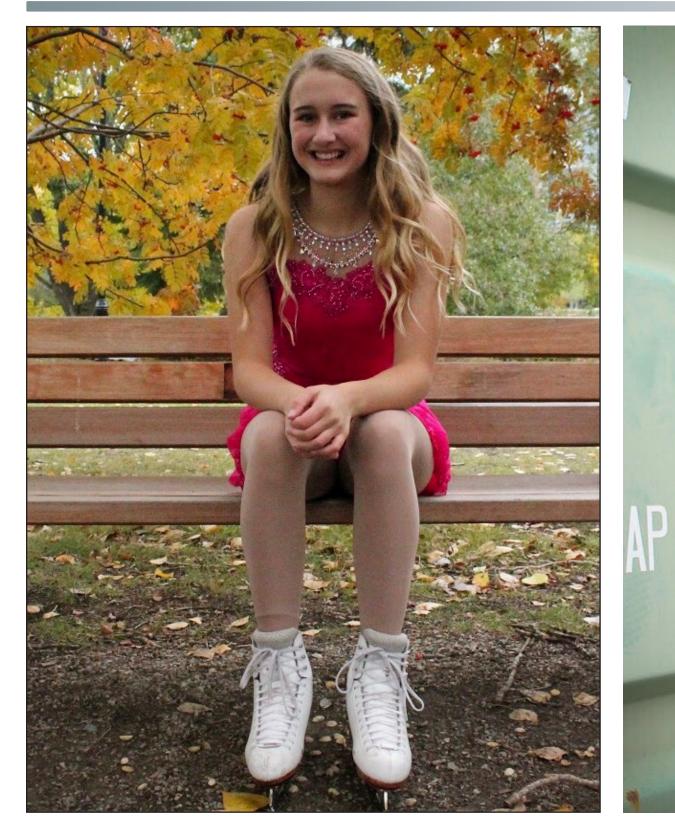
something to look forward to accomplishing and being proud of. Without these goals and the self-motivation, I Have and others who support what I do, I wouldn't be able to achieve my goals without them. My goals are what im looking forward to accomplishing them is the reason why I continued skating. Accomplishing them by steps is the best way so that way im not overwhelmed by the big goal at the top of that ladder, that way I take the steps up the ladder to

get the bigger goal it helps me get that goal. I want to eventually be the next Aaron Jackson. Yup, that's right the next Aaron Jackson. Aron Jackson has inspired me to reach my goals becaus when I met her she said I made it here by accomplishing my goals. she said, "My goals are what drives me to win". As my coach says I am a freight train and my goal is my coal to keep the train chugging along the track to the top.

Photographers Credits: Myself and parents



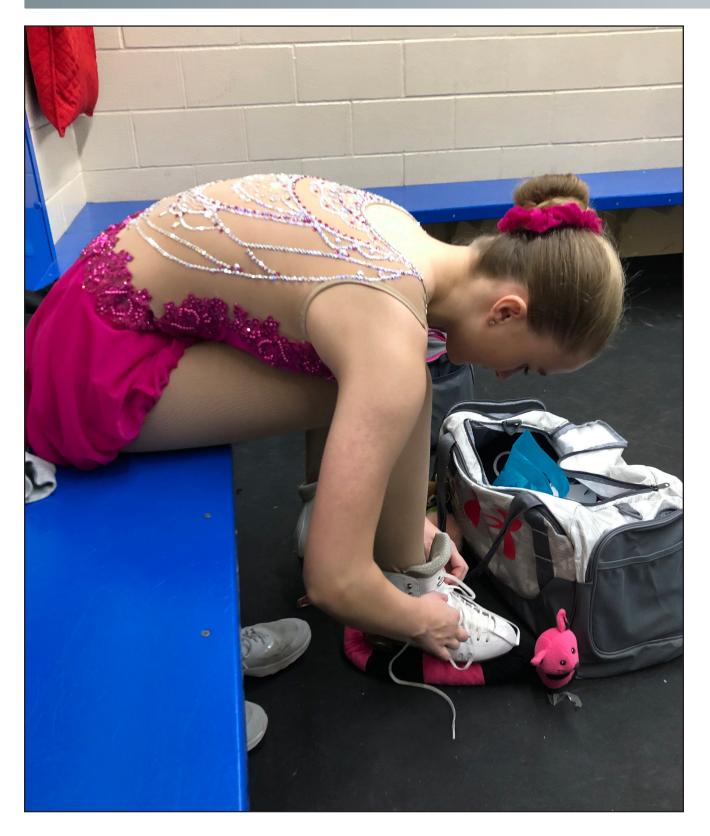
Kyla Murray

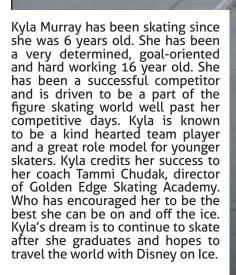


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Kyla Murray





Photos by Lyric Allard Photography

Leonardo Torres





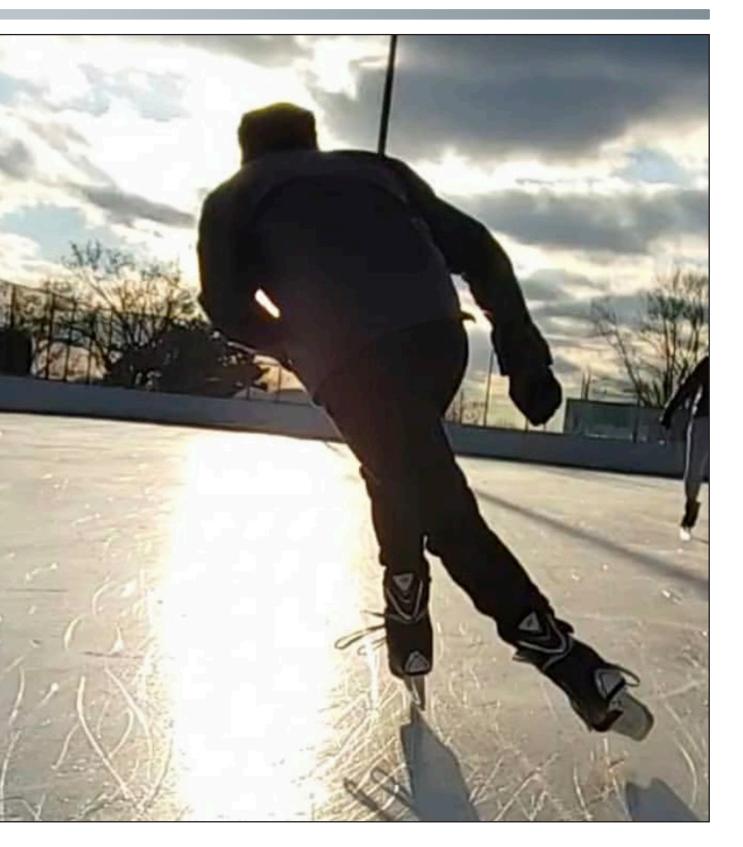
Hello, My name is Leonardo, I come from a Mexican hockey team, I have been skating for 10 years, and the most beautiful things I got are memories and friends. I hope I can get back into hockey again, to know new skills and new friends from the true north.





Leonardo Torres





Maya Hoffberg



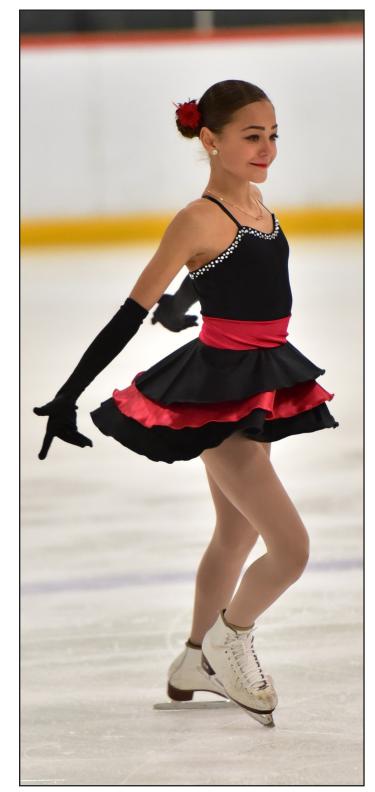
My name is Maya Hoffberg and I just turned ten. I'm from Lake Worth, Florida and have been skating for approximately three years. I started skating when I went to a birthday party in the ice skating rink. I have been in love with skating ever since. I am on a synchronized skating team but I also love to skate alone. When I'm skating I feel like I can let go of everything and fly. When I'm older I hope ice skating can help me to travel around the world. When my best friend had to quit because she was moving, I became upset and thought of quitting too. Then, I realised I loved ice skating. My friends on the synchro team talked me into staying. It has been a wonderful experience to have such a great group of friends. We always encourage each other to do our best and cheer everyone on during competitions. My biggest challenge is centering my spins as I travel across the ice. On a good day I get twelve revolutions and my jumps are quite high. On a bad day I only get five revolutions and my jumps are low and without energy. It's a struggle to be consistent. In my last competition, I got first place for my solo which makes me feel like all the hard work was worth it. It also inspired me to work harder. I love watching the older girls skate and then trying out those moves. I'm impressed when I do something new that I didn't realize I could do! Skating makes me feel strong and confident, and that nothing can hold me back from my dreams.

Photographers Credits: Minka Hoffberg





Melina Germana Mancini



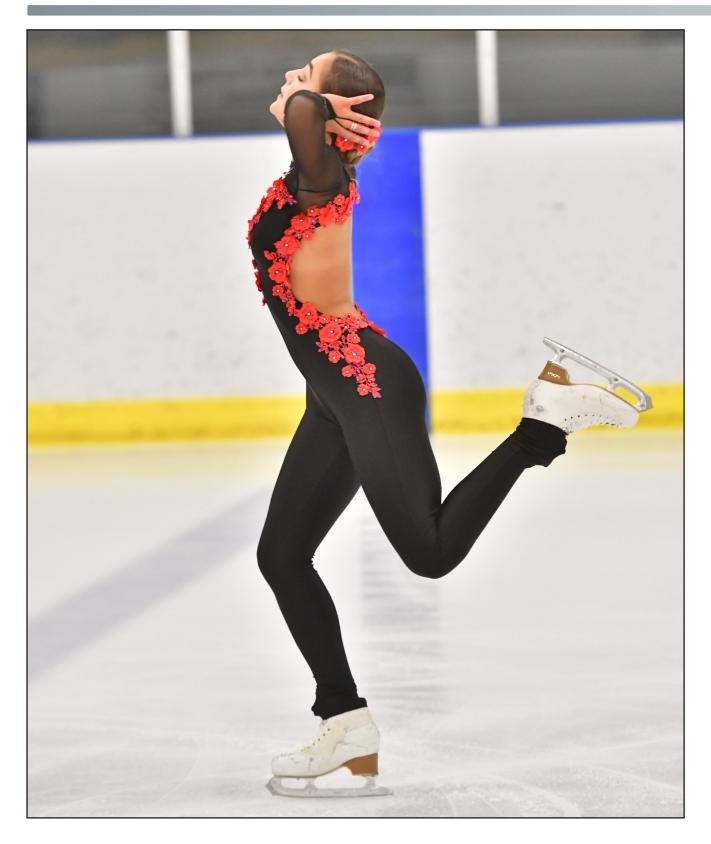




Hello, my name is Melina-Germana Mancini. From the age of 6 I dreamt of being an Olympian. I've spent countless hours inside an arena from tight ponytails to cold toes. It's the place where I've had my greatest accomplishments and biggest failures. But, I wouldn't trade a second of it. Figure skating taught me determination, hard work, perseverance and grit. November 10th, 2019 all my hard work paid off when I stepped on the ice portraying Moana with Disney On Ice. As I performed to the little girls and boys in the audience I couldn't help but think of my younger self and how proud I was making her. All the bumps, bruises and tears were worth it. I accomplished my greatest goal and I know there is only room to grow and flourish from here. I wish I could go back and tell myself to not be so scared that my passion and motivation to achieve would lead me to where I am today. Only you can turn your dreams into a reality.

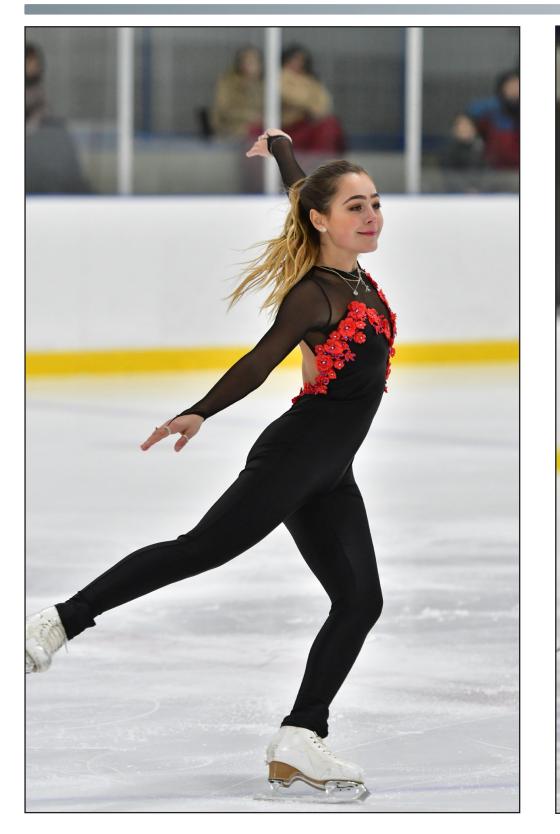
Photographers Danielle Earl

Melina Germana Mancini





Melina Germana Mancini



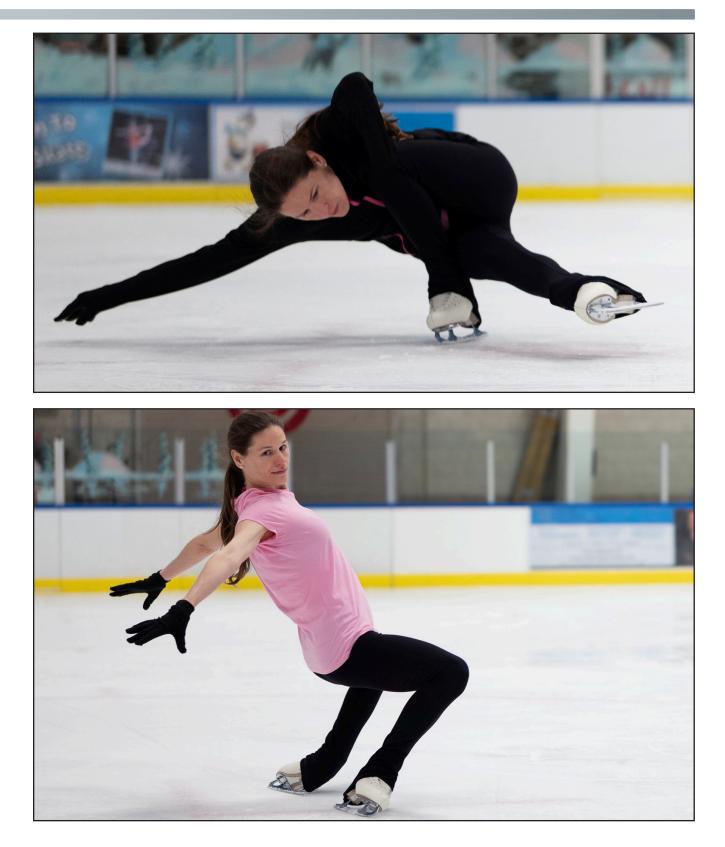




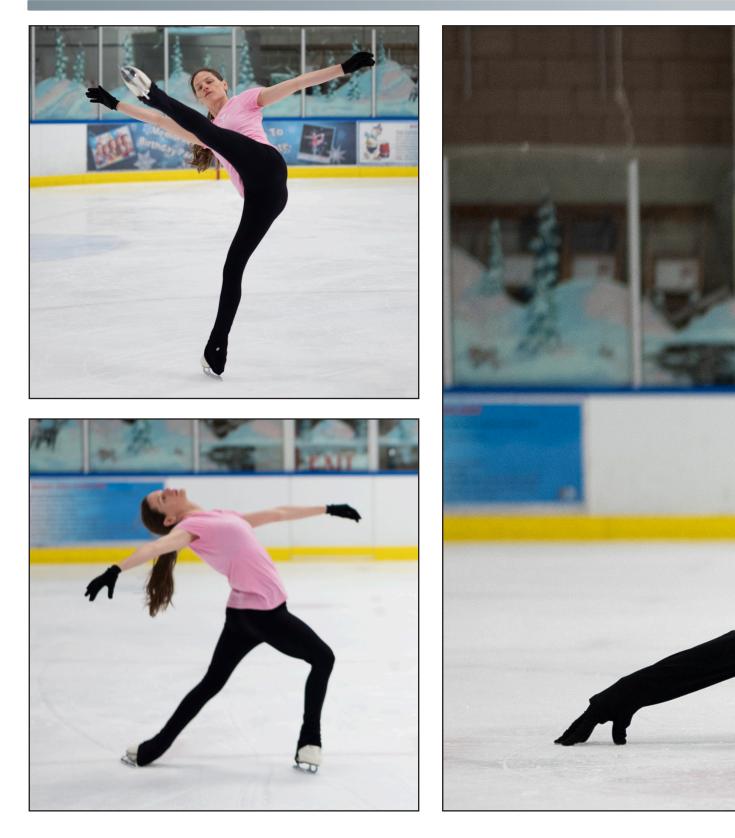
Natalie Renier

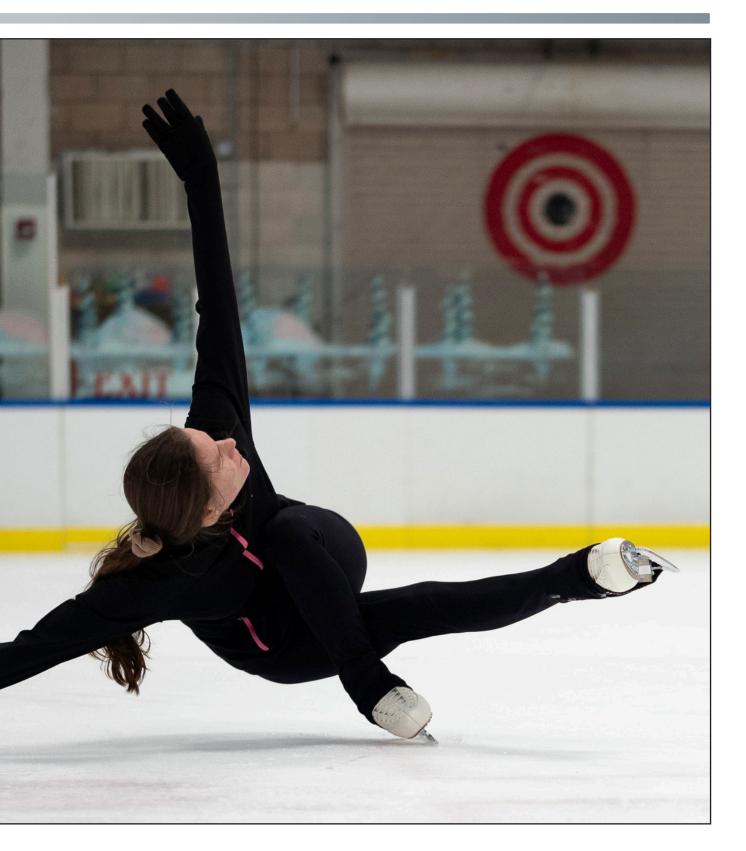
I have a 20 year background in roller skating and transitioned to ice skating as an adult about 6 years ago. Roller skating has helped me a lot in transitioning to the ice, but the mechanics are slightly different so getting use to it in the beginning was challenging. Once I gained control and confidence I could explore different skills, spins, and jumps. I love doing cantilever, hydro blade, Ina Bauer, and any spiral variation using flexibility. My goal is to learn more doing butterfly, flying camel, improving my axel and progressing into double jumps. I'm a bit addicted to the sport. When I learn something new that I didn't know I could do I get so excited I have a bit of an adrenaline rush. I love every bit of skating and intend to skate as long as I can!

Photographers Credits: Igor Bertolucci



Natalie Renier





MAGAZINE

Sector Sector

Melina Mancini









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